

Believe in Tomorrow



Created by Lexie



This Grateful Journal Belongs To:

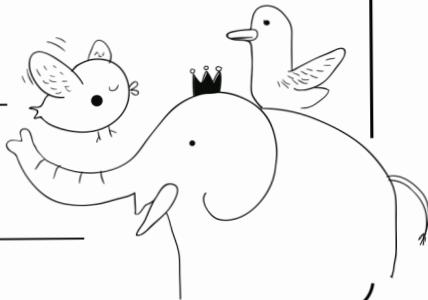


NAME: _____

FAMILY NAME: _____

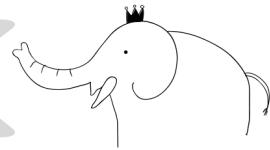
AGE: _____

GRADE: _____





• **Date:** ____/____/20____



Sun

Mon

Tue

Wed

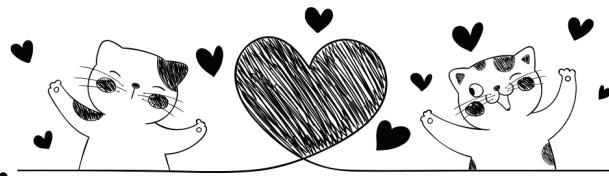
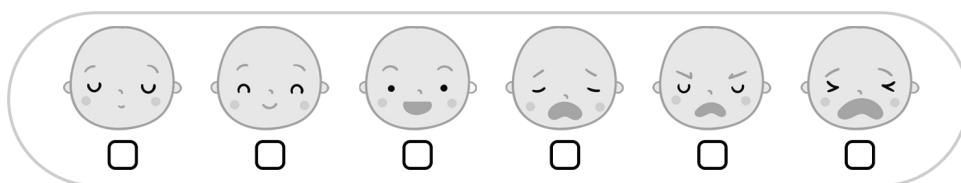
Thu

Fri

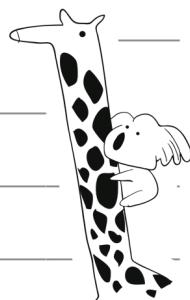
Sat



How I feel This Morning



Today's Intention is:

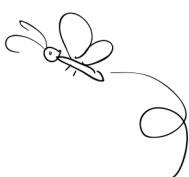


BEST FR/FNDS



Today's Mini Activities:

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____



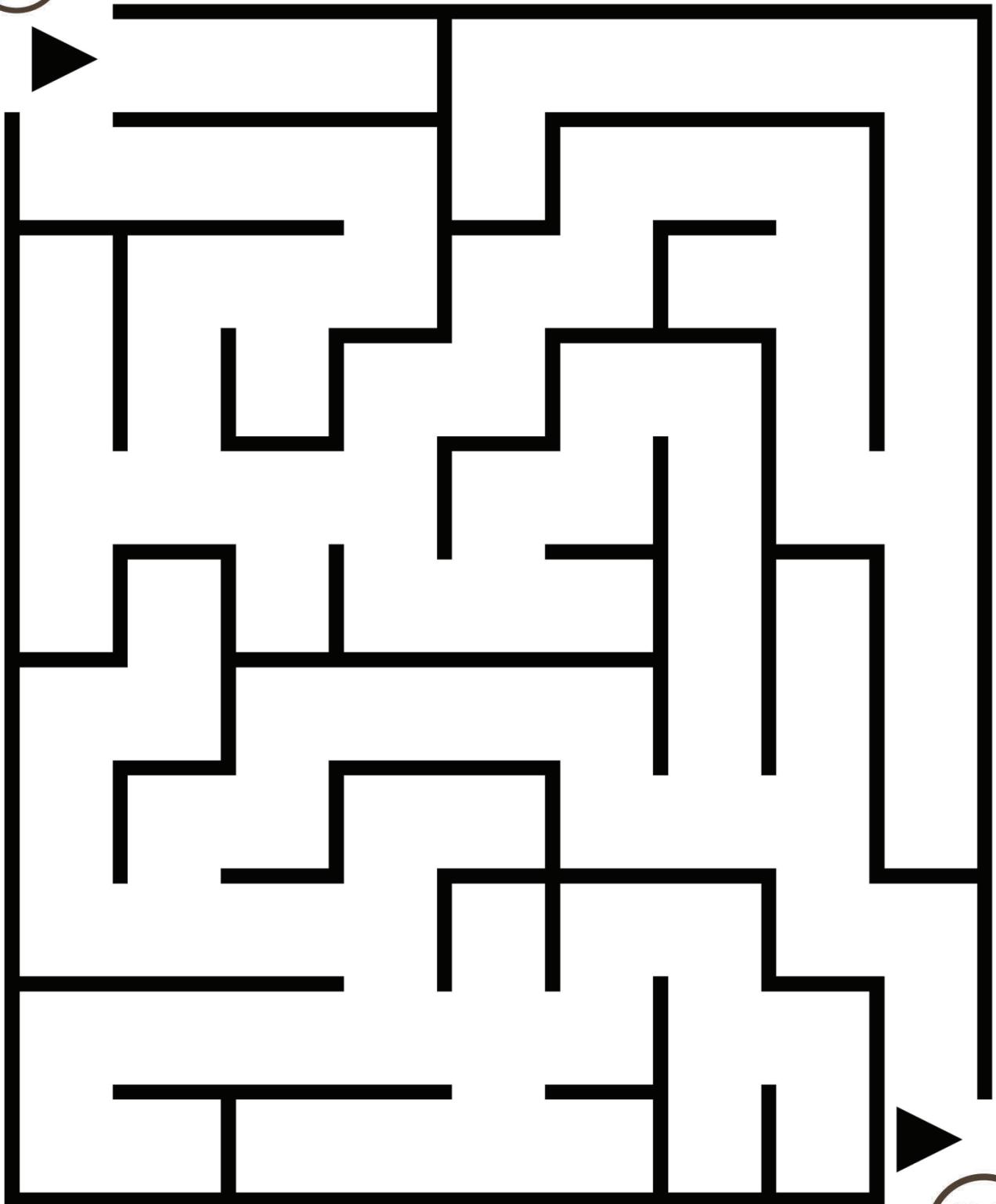
<input type="checkbox"/>	_____

YOU ARE BRAVE

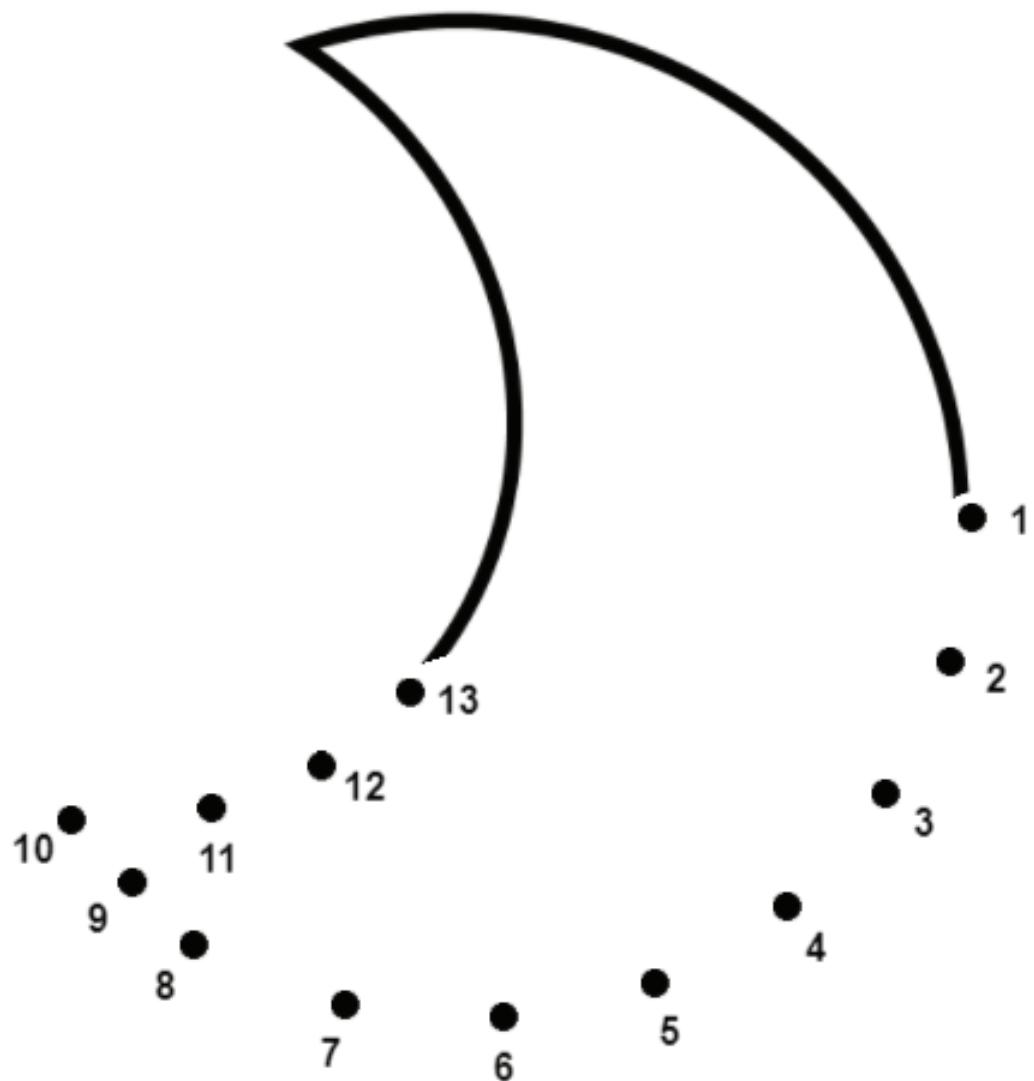


LIKE A LION

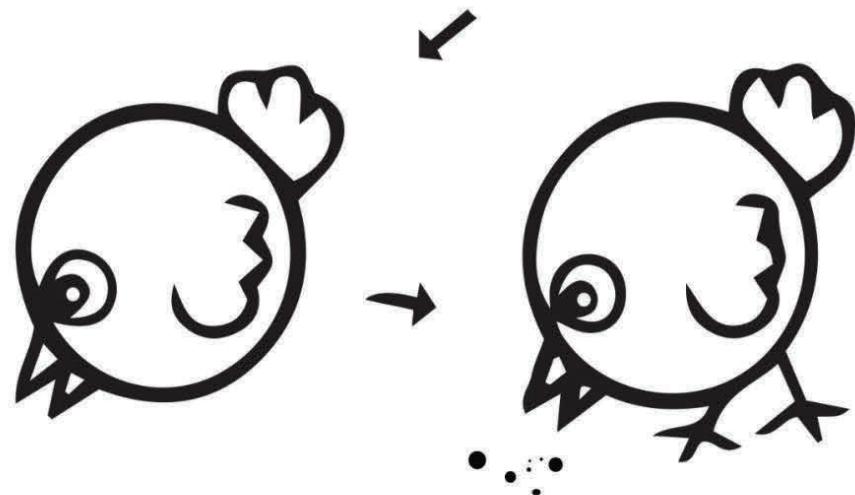
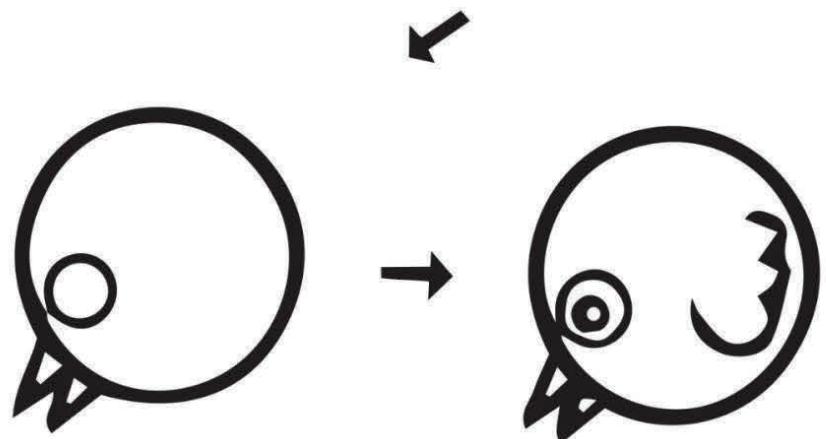
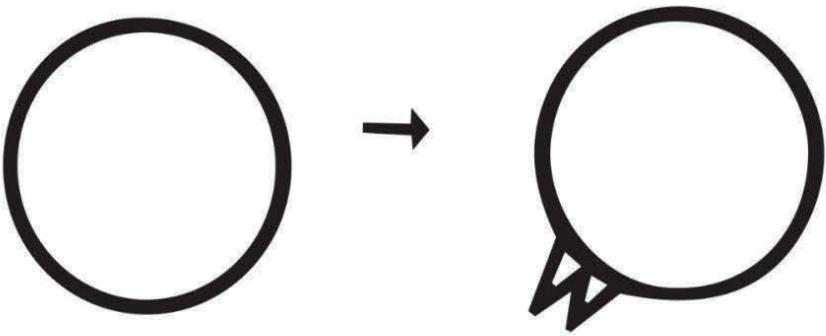
Turn the frown upside down!



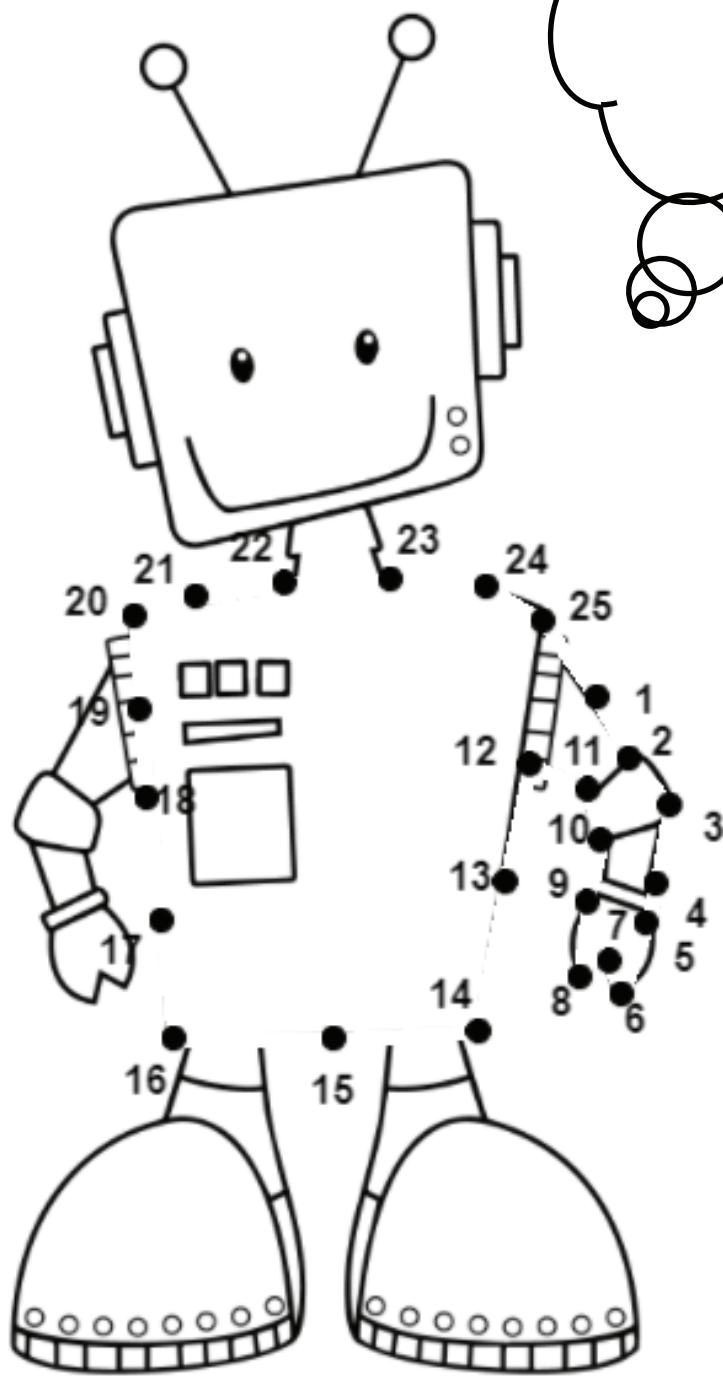
You are loved to the
moon and back!



HOW TO DRAW CHICKEN

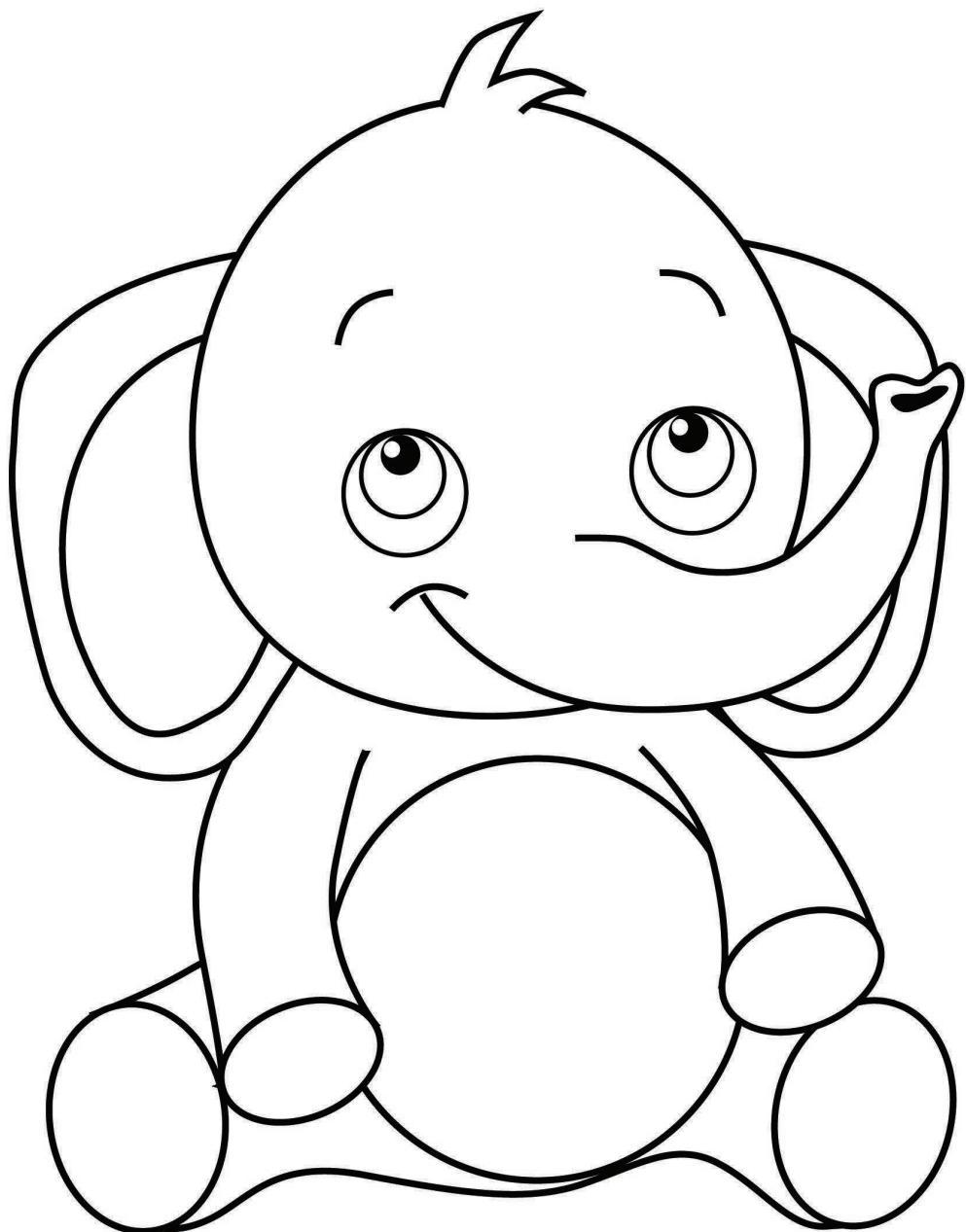


Scratch Pad to Draw A Chicken



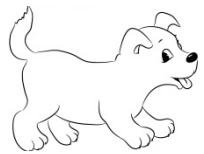
Hi! My name
is Sunny.
I hope you are
having a
great day!

YOU ARE AS STRONG



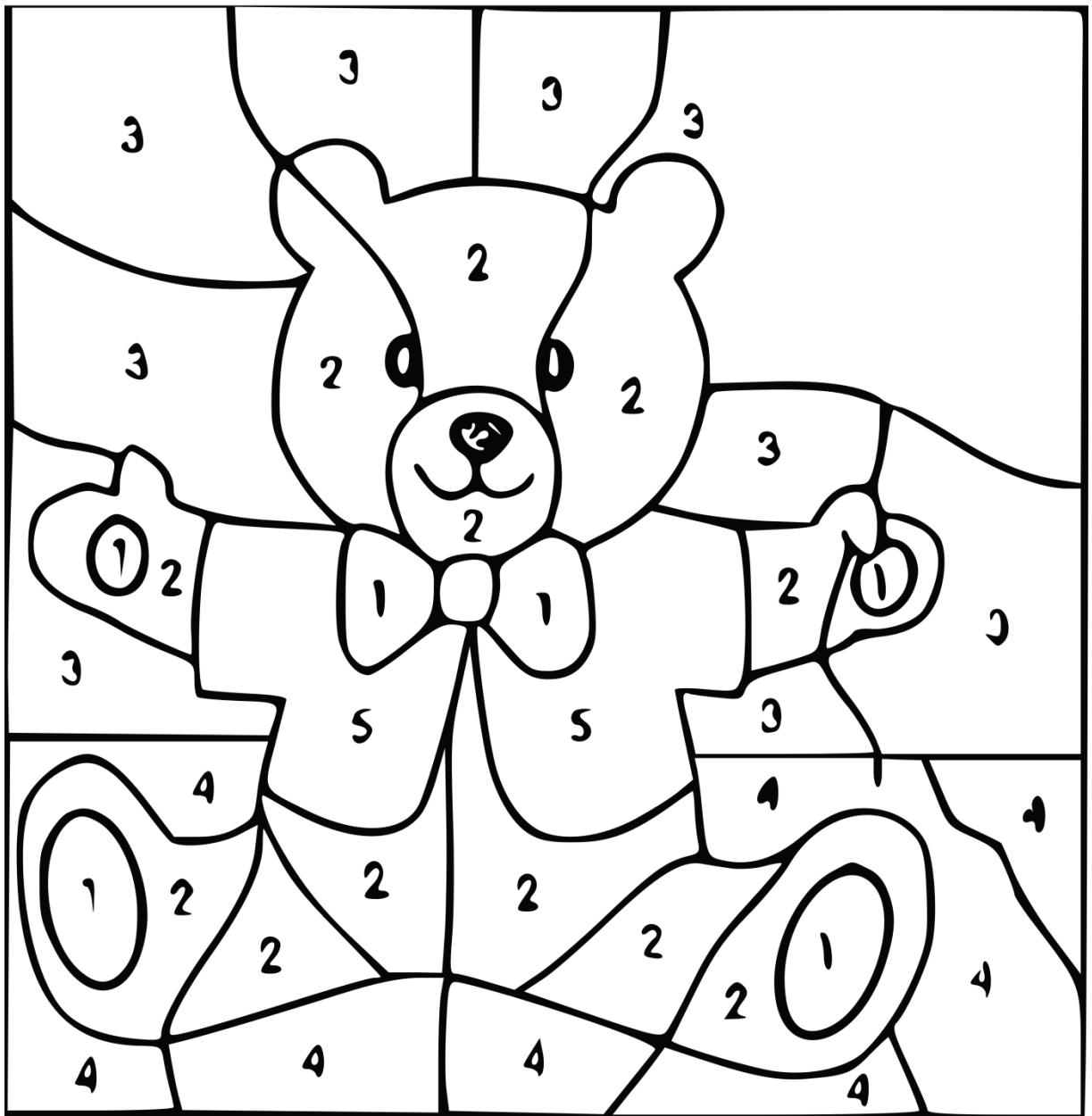
AS AN ELEPHANT

Help the puppy find its way home.



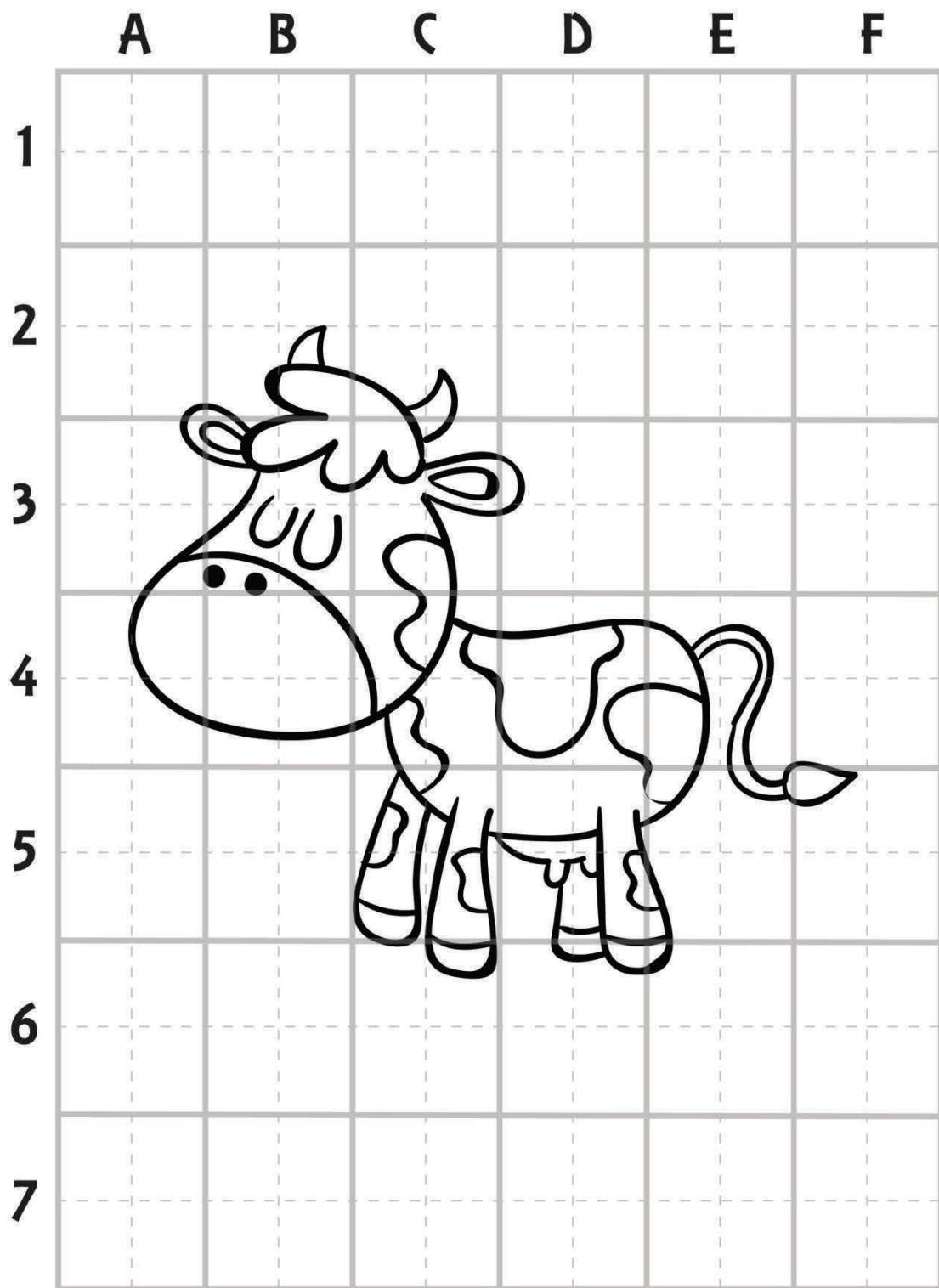
You are Beary Special!

Color by Number



1 Blue 2 Brown 3 Yellow 4 Green 5 Red

How to Draw a Cow.



Your Turn!

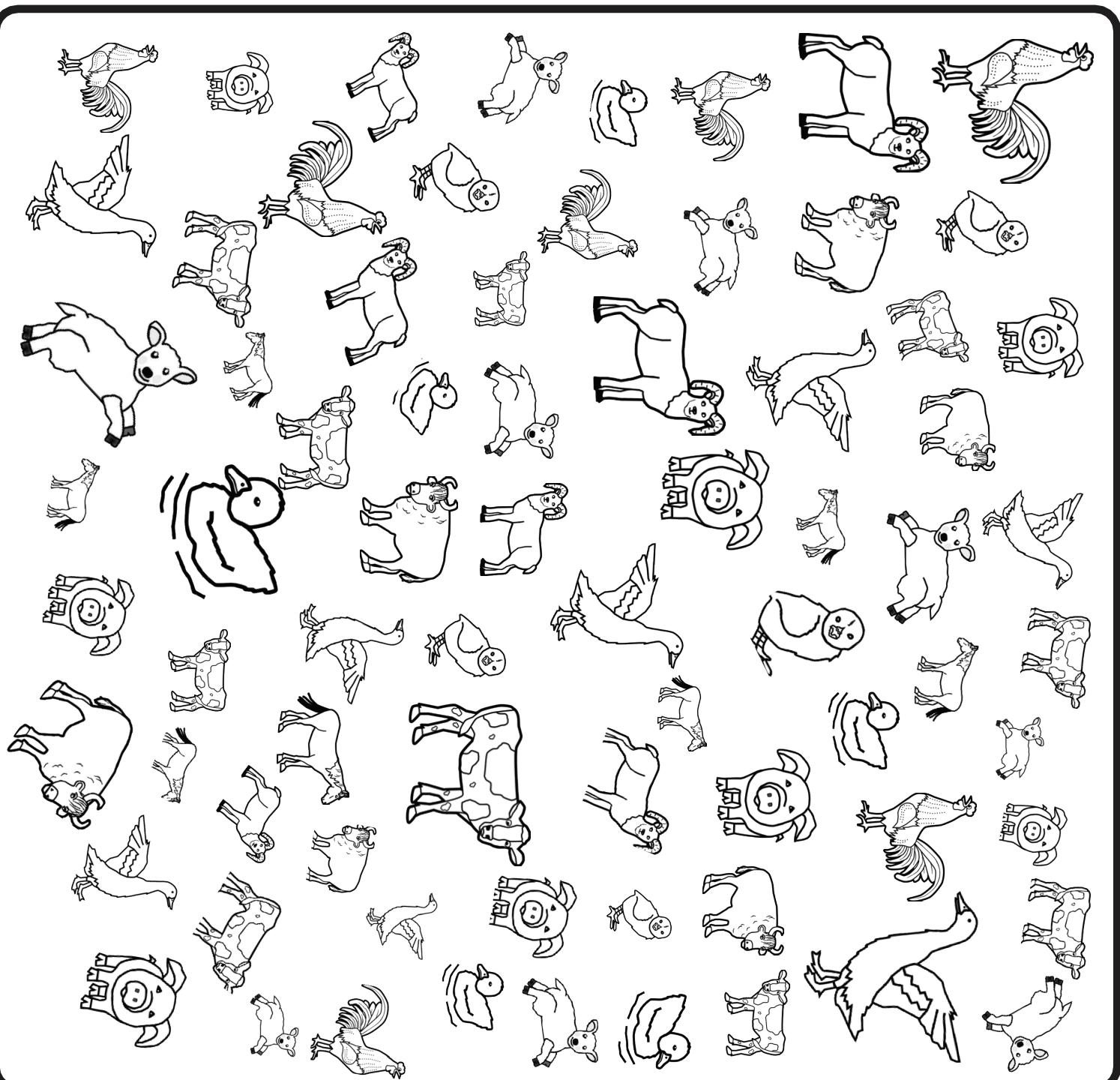
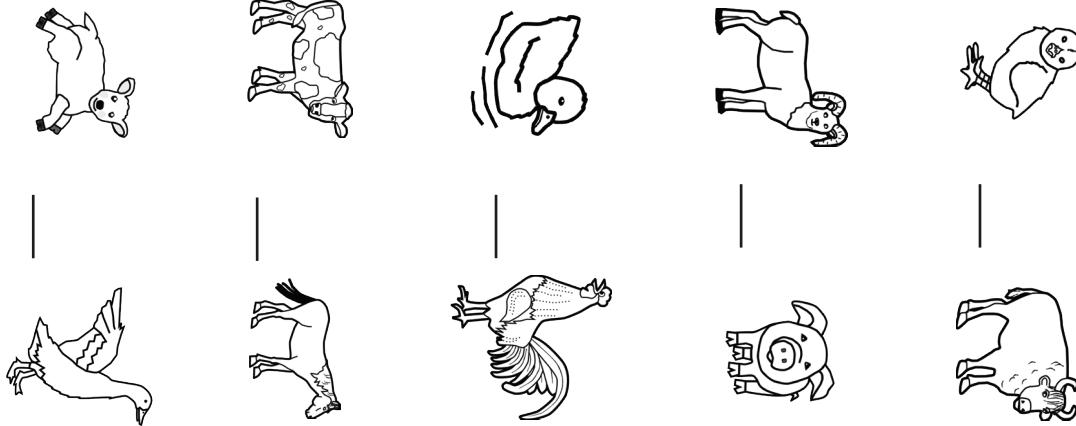
	A	B	C	D	E	F
1						
2						
3						
4						
5						
6						
7						

Believe
in
Yourself

Fill this
page with
things that
make you
happy.

I SPY

How many of each
can
you find in the box?



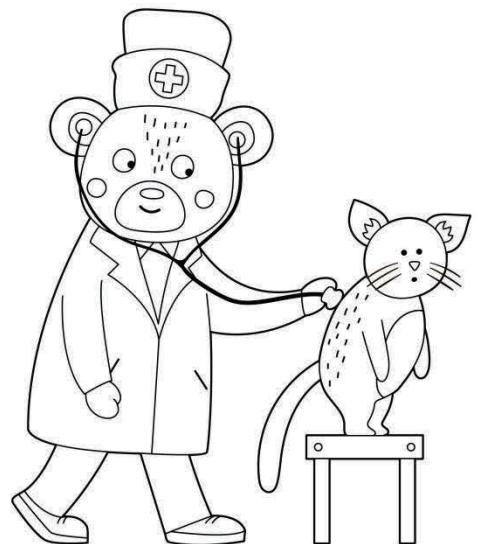
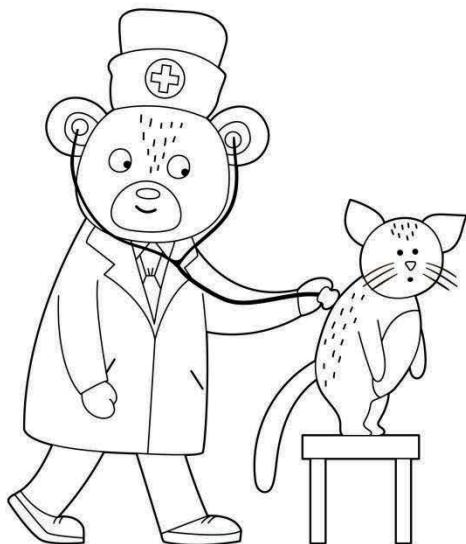
I AM _____

S	O	T	S	C	D	E	I	R	R	O	K	G	I
L	N	U	T	O	A	S	P	E	C	I	A	L	N
R	I	E	R	U	F	A	I	R	N	E	E	O	A
I	M	R	O	R	S	N	L	A	O	N	E	I	E
E	P	H	N	A	E	T	N	I	E	C	D	R	D
U	O	O	G	G	S	A	M	A	Z	I	N	G	C
N	R	N	U	E	P	K	E	A	C	M	N	A	G
I	T	E	A	O	E	O	I	N	I	L	A	N	R
Q	A	S	N	U	N	E	G	N	G	P	I	R	I
U	N	T	N	S	O	E	G	S	D	R	I	O	D
E	T	S	N	I	A	N	Z	I	A	A	S	E	N
H	Z	A	E	A	N	I	M	C	O	R	V	I	O
I	E	T	A	R	E	D	I	S	N	O	C	T	O
Z	E	P	M	R	C	O	O	C	L	H	I	N	O

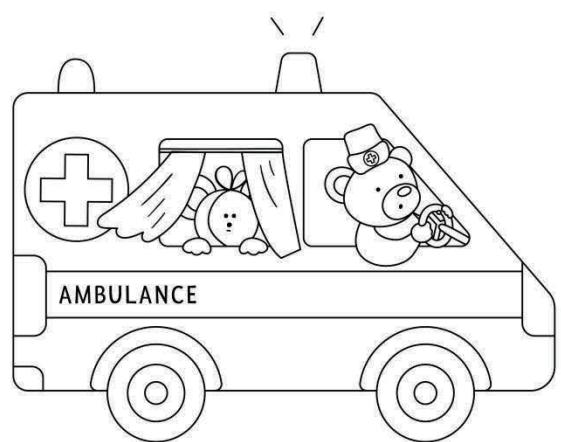
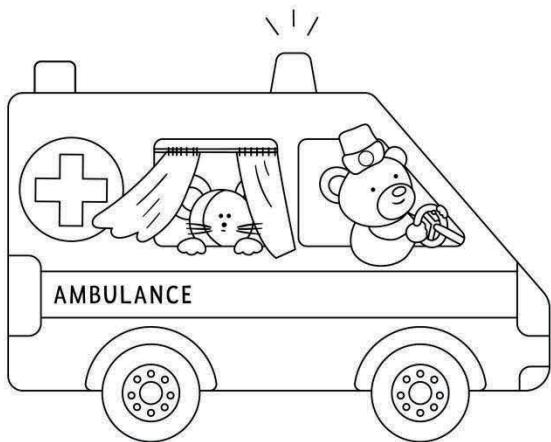
CARING
AMAZING
COURAGEOUS
HONEST
FAIR
KIND

SPECIAL
UNIQUE
LOVED
STRONG
IMPORTANT
CONSIDERATE

Spot 5 differences & color

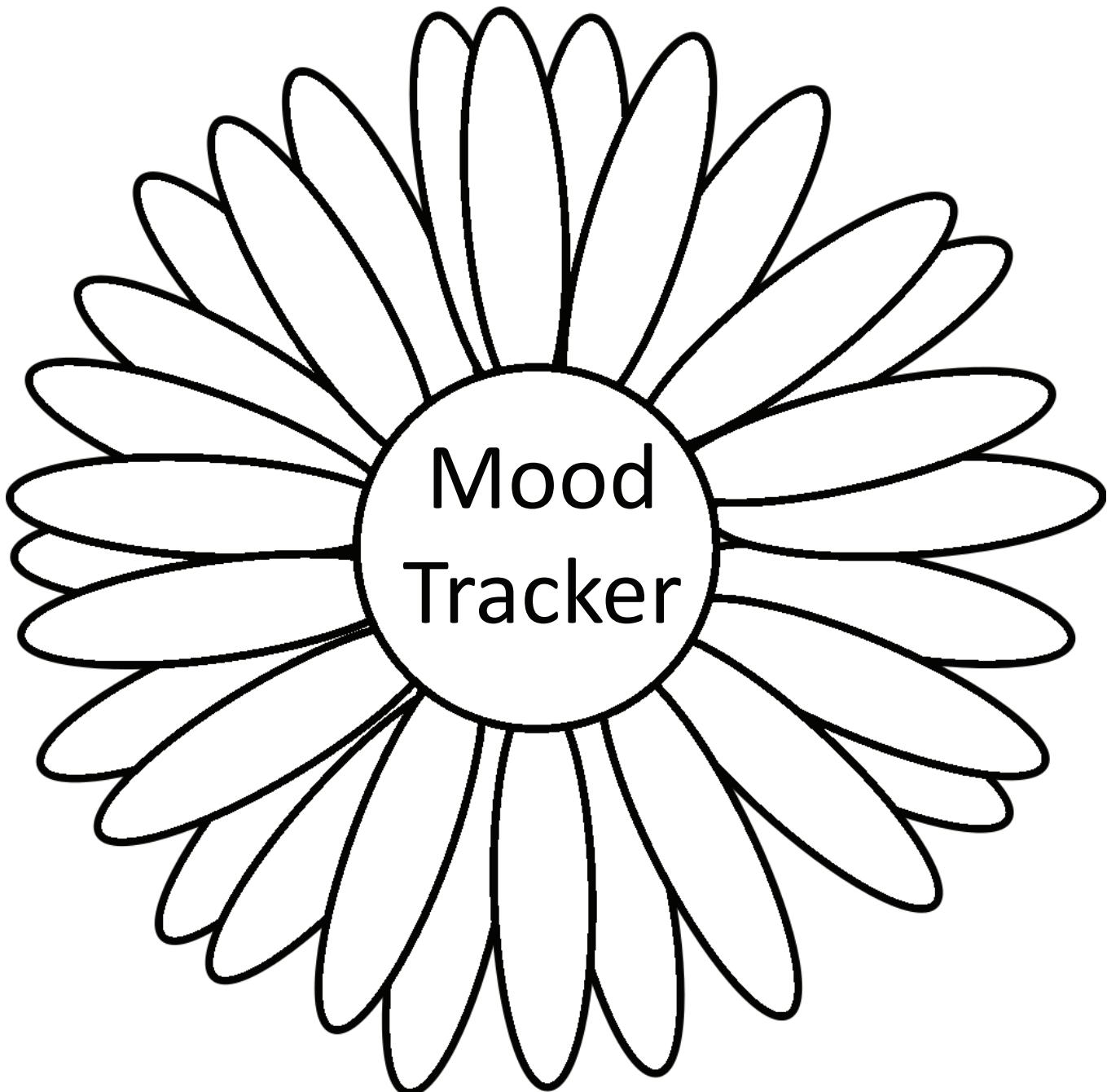


Spot 10 differences & color



You
are
stronger
than
you
think

Color a petal a day to match
your mood.



Red - Angry

Blue - Sad

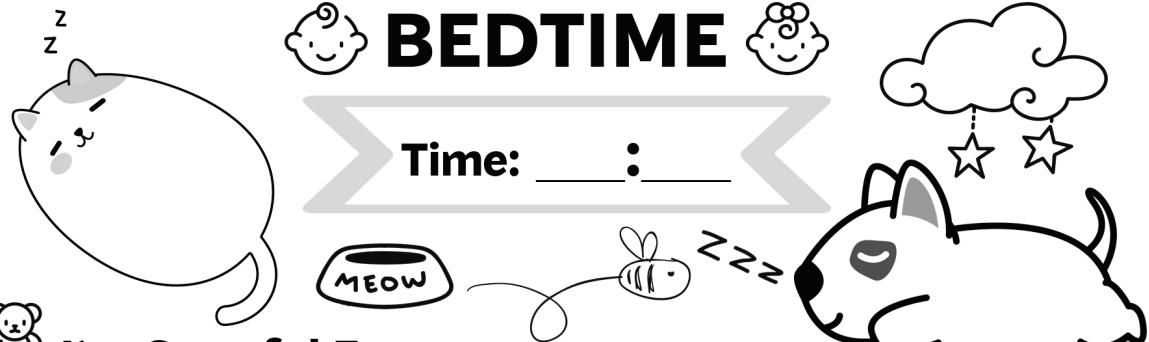
Green - Calm

Yellow - Happy

Orange - Excited

Purple - Confident

BE
cause



I'm Grateful For:

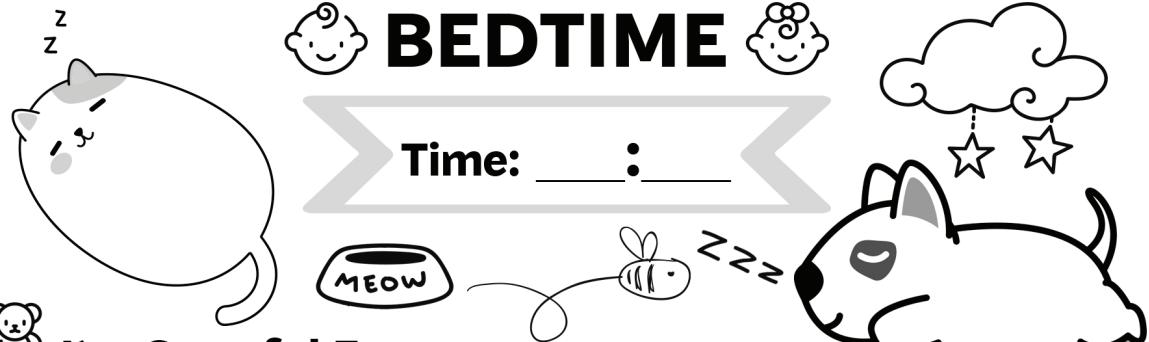
Person	Book
Holiday	Animal
Food	Movie
Drink	Game
Place	Song



It's Drawing Time!

Good night
SLEEP TIGHT





I'm Grateful For:

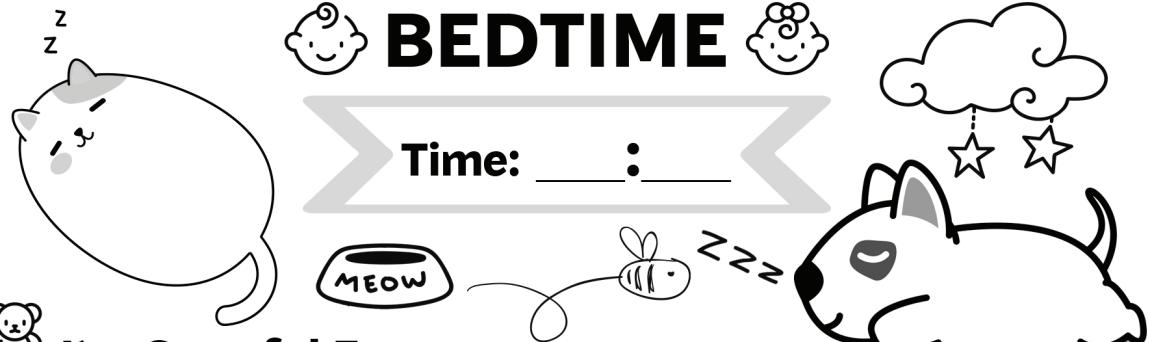
Person	Book
Holiday	Animal
Food	Movie
Drink	Game
Place	Song



It's Drawing Time!

Good night!
SLEEP TIGHT





I'm Grateful For:

Person	Book
Holiday	Animal
Food	Movie
Drink	Game
Place	Song



It's Drawing Time!

Good night
SLEEP TIGHT



If you are reading this, that means that you are a recipient of a Buddy Bag.

My name is Lexie. I'm a Girl Scout working on my Gold Award, the highest achievement that a Girl Scout can earn. Over my 9 years in Girl Scouts, I've had the opportunity to give back to my community in many ways. My passion for helping families and children, of all ages, led to the creation of the Buddy Bag. I personally handpicked every item that was included in my original Buddy Bag. In addition, I created this activity book to allow you the freedom to creatively express yourself with color, art, and words.

I hope that the motivational and inspirational items that you received in your Buddy Bag will help make your day a little brighter. I would love to hear your feedback. I can be reached at buddybag.believeintomorrow@gmail.com.

I leave you with some parting words:
Believe in Yourself, Believe in Today, and
Believe in Tomorrow!



Yours In Scouting,
Lexie